

## Lesson 1 (Module 1)

### Slide 3

Welcome to the course, *Laying The Foundations for Reading and Writing Success*. This beginners course is to empower you to teach your child to read and prepare them to write before they start school. Throughout the course you will hear the terms parent and caregiver used interchangeably.

### Slide 4

Throughout this course, Lauren and I will ask you to actively participate.

Download the workbook in the download section to make notes, or alternatively, use a notepad. Writing things down aids recall, making time to reflect and review your notes is going to support your retention.

If you find it easier and prefer to record your thoughts on a device, then do what works best for you. We encourage you to work through the course in order.

### Slide 5

Your success on this course depends on you! An action plan is a valuable tool to support yourself on this journey, to help you to fulfil your goals.

Here are a few questions for you to think about. In your workbook, on page 3, write down or record your responses.

**What do you want to achieve by taking this course?**

**What is your willingness to learn this information on a scale of 1 – 10?**

**How much time are you willing to invest?**

**What are you willing to do to achieve the results? What are you willing to give up to learn this?**

It is your consistent investment of time and effort that determines your results.

Reflecting on your responses to these questions will remind you of what you want to achieve. We want to equip you for the journey ahead. For some parents, you may already have some of these skills embedded, however for some, this knowledge may be new, we invite you to participate no matter where you are in the development of the foundational skills to follow.